

## Consent for direct access treatment with hygienist

If you request direct access to hygiene session, please be aware of what a dental hygienist can and can't do. A hygienist can see you to provide oral hygiene advice, remove stains, tartar, bacterial deposits, and other debris. In relation to gums, the hygienist can advise you on the prevention of gum disease, but more advanced conditions need to be assessed by a dentist, and the hygienist then continues treatment under prescription of the dentist.

Dental hygienists can't diagnose or give the prognosis (the likely outcome) of diseases such as decaying and broken teeth, or prescribe antibiotics, painkillers or any other drugs to reduce symptoms.

### Visit to hygienist is not a substitute for full dental examinations.

#### Please note:

- 1. Cracked teeth or inadequate restorations (including fillings, crowns, veneers, and orthodontic wires) may detach or break during any hygiene session. In this case you need to contact your dentist for repair and accept the risk and relevant cost.***
- 2. After calculus removal, the existing gaps between teeth may seem more obvious***
- 3. After hygiene session you may experience more sensitivity which may need dentist's treatment/ management***
- 4. If you are not a regular hygiene session attender, there is no guarantee that the treatment will be completed in one session only , meaning additional sessions may be needed***
- 5. If we notice advanced gum problems, we will advise you to visit a gum specialist prior to treatment***

#### Referral to dentist

If the hygienist advises you to see a dentist, it is because they feel that it is in the interests of your health, it is outside the scope of what they are allowed to do, or they are uncertain about treating you without further advice.

There are very rare circumstances when a hygienist can't start treatment, and before they are prepared to continue, insist that a dentist assesses you. These may relate to your medical history and general health, or the condition of your mouth.

#### Consent

I have read and understood the limitations of direct access to a dental hygienist; risks involved in treatment and agree to be treated under this arrangement.

I understand that beside regular hygiene sessions, my daily oral hygiene routine and regular visits to a dentist are essential to improve/ maintain the overall health of my mouth.

Name:

Signed:

Date: